



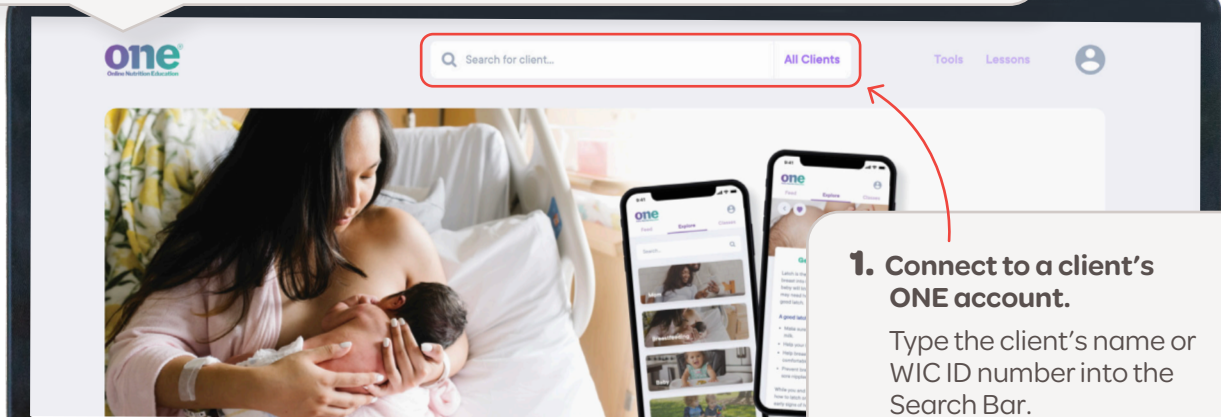
Quick Start Guide

Currently, Michigan WIC is using ONE to support client learning during **nutrition counseling and breastfeeding support telehealth appointments** in select agencies as part of the **Tufts THIS-WIC Grant Project**.

Log into ONE at www.nutrition-one.com.

ONE will work best on a new internet browser like Chrome, Safari, Edge, or Firefox.

home page



1. Connect to a client's ONE account.

Type the client's name or WIC ID number into the Search Bar.

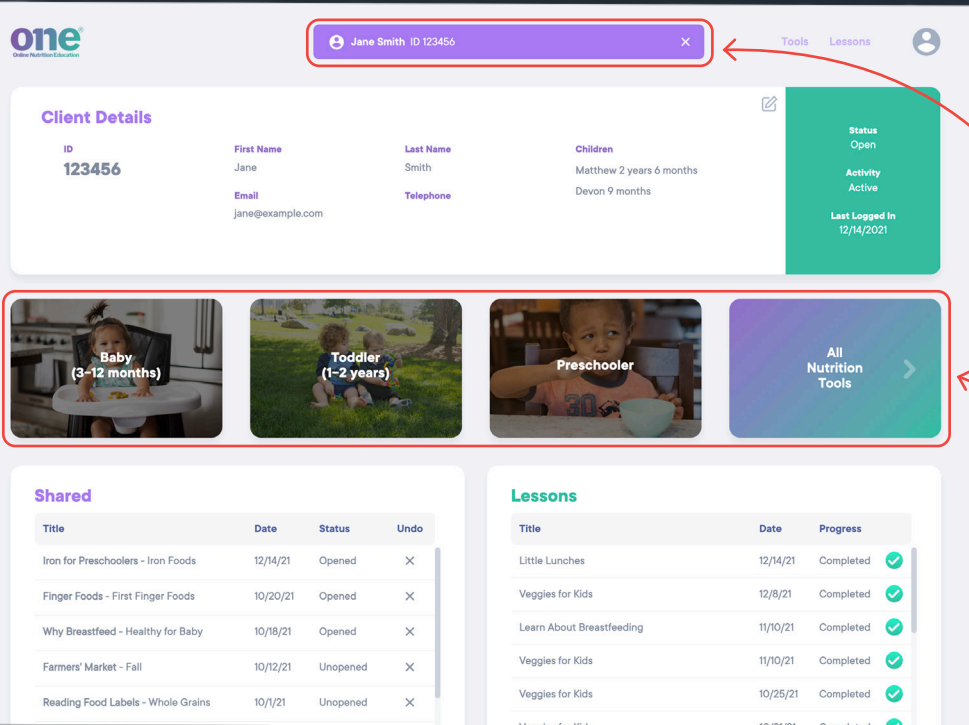
OR

Click on All Clients in the search bar to see a list of all your clinic's clients.

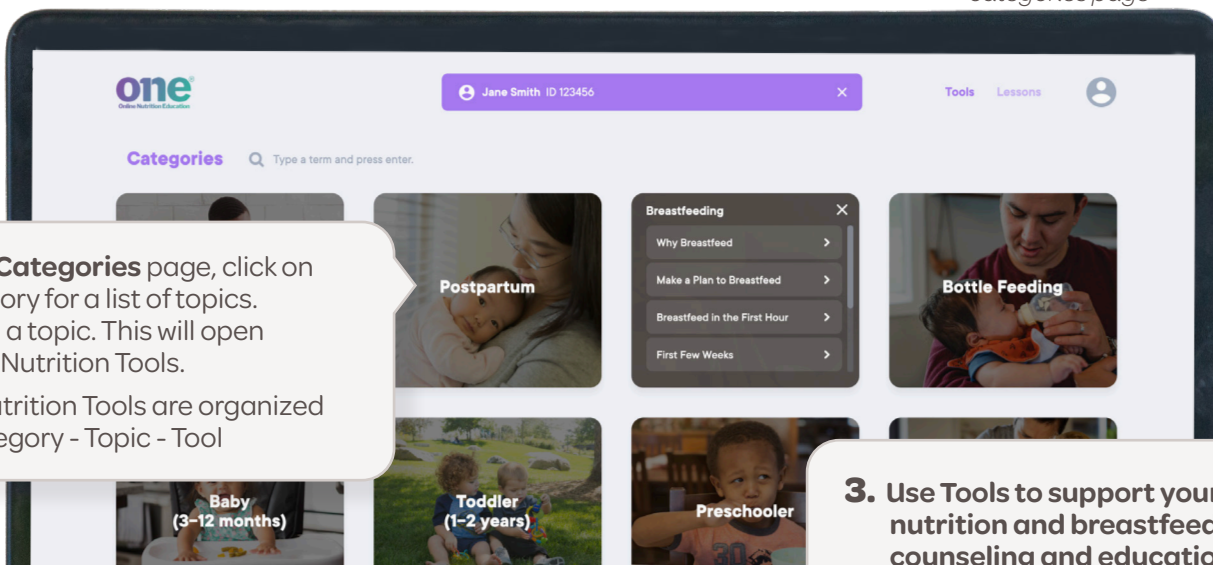
Add a new client or locate the client in the list. Click on the icon in the Select Client column.

Once selected, your client's name will be highlighted in purple.

client details page



2. Find a Nutrition Tool. After you have completed a health and diet assessment, find a Tool to support nutrition education based on your client's needs and interests. **Click on a category or All Nutrition Tools.**



On the **Categories** page, click on a category for a list of topics. Click on a topic. This will open a set of Nutrition Tools.

ONE Nutrition Tools are organized by: Category - Topic - Tool

3. Use Tools to support your nutrition and breastfeeding counseling and education.

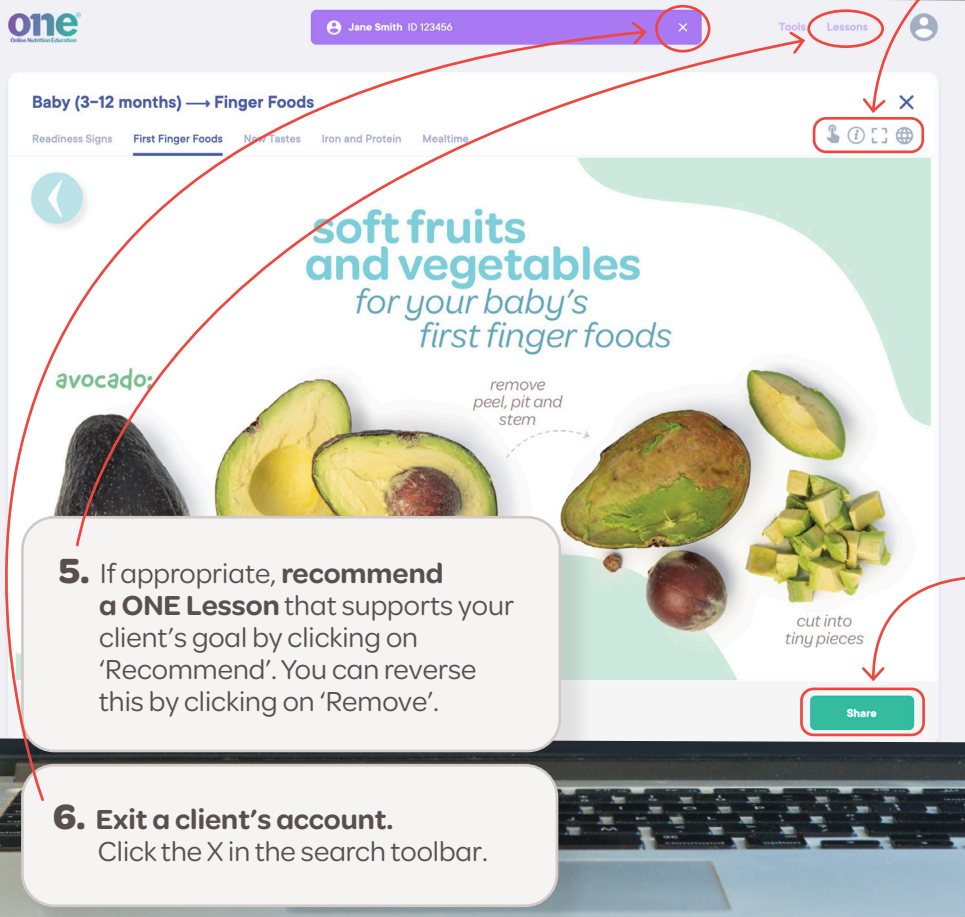
Full screen: Click this icon to maximize the Tool and help your client focus on the visuals.

Share your screen with the client.

Tool features for WIC staff:

- Information:** Shows talking points and sample questions for you to reference before sharing your screen with the client.
- Interactive:** Describes what is interactive and is only on Tools that have interaction.
- Language:** Choose a language for your client to see on the visual Tool.

nutrition tool page



5. If appropriate, recommend a ONE Lesson that supports your client's goal by clicking on 'Recommend'. You can reverse this by clicking on 'Remove'.

6. Exit a client's account. Click the X in the search toolbar.

4. Share education to the client's ONE account when you have completed your counseling, nutrition education and goal setting. Pick the topic that best supports your client's goal(s). This is comparable to handing your client a printed handout.

ONE Words to Know

Nutrition Tools: Visuals on the clinic interface to use during counseling or nutrition education with clients.

Share: When you Share a topic, corresponding education is sent to the client's ONE account.

Lessons: Short self-paced online lessons a client can complete in between WIC appointments.