



# ONE WIC Staff Training Videos

Learn how to incorporate ONE into *high risk nutrition counseling and breastfeeding support telehealth appointments.*

## 1. Use ONE during a WIC appointment.

Watch an overview of the main features of ONE and how they might fit into a typical appointment flow.

- Follow along with the ONE Quick Start Guide.
- **Video:** <https://vimeo.com/629085633/e54c388f40>

## 2. What are Nutrition Tools?

Nutrition Tools support staff expertise and engage clients in valuable nutrition and breastfeeding education. In this video, staff will learn:

- How Nutrition Tools were created to support visual learning and engage clients during telehealth appointments.
- How to use the features of Nutrition Tools.
- **Video:** <https://vimeo.com/642394384/10d670118e>

## 3. How does ONE work for participants?

Encourage clients to use ONE during and after telehealth appointments. In this video, staff will learn:

- How the client will set up their ONE account.
- About the features and education content on ONE for clients.
- **Video:** <https://vimeo.com/642398128/15b0856521>

## 4. Share nutrition education through ONE.

ONE gives staff the ability to share nutrition education with clients in a digital format.

In this video, staff will learn:

- How the Share feature works.
- How Nutrition Tools on the clinic interface correspond with nutrition education on the participant interface.
- **Video:** <https://vimeo.com/642381160/cdb076bff7>

## 5. What are ONE Lessons?

Michigan WIC clients are welcome to complete the nutrition education lessons in ONE. Please note that during Michigan's THIS-WIC study, these lessons will NOT count as a Nutrition Education contact. In this video, staff will learn:

- How staff can recommend a ONE lesson topic to support a client's goal.
- How a client will take an online lesson through ONE.
- How a client's use of ONE lessons will be reported back to WIC.
- **Video:** <https://vimeo.com/630323172/6cca3dc000>