



ONE Sample Scenarios

Use these scenarios to practice and get hands-on experience with the demo version of ONE .

Use the demo website of ONE with these sample scenarios. On the demo website, you will not be connected to your client's accounts and your use will not affect your clinic's data. The demo website is for training purposes only.

Log into the ONE demo website.

ONE demo website: <https://demo.nutrition-one.com/>

Username (email address):

Password:

Important notes:

Client name: ONE will use the primary parent, guardian, caregiver or authorized person that is listed for the family's WIC account as the client name. This might be a parent of a participating child or infant, a pregnant woman, a breastfeeding mother, or a non-breastfeeding postpartum mother. A child's name would not be used as the client name.

WIC ID number: Use the WIC ID number that includes the whole family or household (not a participant or individual ID number).

The steps outlined for each scenario coincide with the ONE Quick Start Guide.

Scenario 1

Child certification

WIC ID 789456

Participant: Juan Ramirez, 3-year old

Email address: mariaramirez@example.com

Telephone: 123-456-7777

Juan is a 3 year old child, at WIC today with his mother, Maria Ramirez. Through your screening and assessment, you find that Juan's hemoglobin level is 10.2 g/dL. Maria also reports that she has been worried about how much he should be eating. He is drinking 4 cups of 1% milk most days.

Use these steps to imagine how ONE would fit into your counseling session:

1. Search for Maria with her name or WIC ID number. Add her as a new client and/or select her account.
2. Now you see her name highlighted in purple at the top. You are on Maria's Client Details page. Navigate to an appropriate Tool that you would use during your nutrition education portion of this counseling session.
3. Change the language for your client to see on the screen, if needed.
4. Check out the features of the Nutrition Tool, including the information (i) text box that has background information about the Tool for WIC staff to reference (not the client). Click the full screen icon. Imagine sharing your screen with a client and think about how you would use this visual during a counseling session.
5. Share a topic that is relevant for the nutrition education you might offer. This will send related nutrition education to Maria's account that will support the goal that was set. Imagine that you're wrapping up the session with Maria, and you are likely working in your MIS system to issue benefits and plan the next contact.
6. If appropriate, recommend a Lesson topic that will support the goal that was set during this counseling session.
7. After the appointment, navigate back to Maria's Client Details page. You will now see the topic(s) that were shared to her ONE account in the bottom left box. Maria's use of ONE will filter into this page.

Scenario 2

Infant mid-certification

WIC ID 987654

Participant: Gabriella Hall, 6 month old infant

Email address: Donnahall@example.com

Telephone: 123-456-7788

Gabriella is a healthy 6-month old infant at a WIC appointment today with her mother, Donna Hall. Her mother continues to breastfeed, but has also started to use some formula. She breastfeeds when she is home with Gabriella. Her childcare provider is feeding Gabriella formula when Donna is at work, 3 afternoons each week. Gabriella has recently started to eat infant cereal and mashed bananas from a spoon. Donna has questions about feeding solid foods. She wonders what types of foods she could make for Gabriella and how much she should be eating. She also asks if Gabriella can drink anything else other than breastmilk and formula?

Use these steps to imagine how ONE would fit into your counseling session:

1. Search for Donna with her name or WIC ID number. Add her as a new client and/or select her account.
2. Now you see her name highlighted in purple at the top. You are on Donna's Client Details page. Find an appropriate Tool(s) that you would use during your nutrition education portion of this counseling session.
3. Change the language for your client to see on the screen, if needed.
4. Check out the features of the Nutrition Tool, including the information (i) text box that has background information about the Tool for WIC staff to reference (not the client). Click the full screen icon. Imagine sharing your screen with a client and think about how you would use this visual during a counseling session.
5. Share a topic that is relevant for the nutrition education you might offer. This will send related nutrition education to Maria's account that will support the goal that was set. Imagine that you're wrapping up the session with Maria, and you are likely working in your MIS system to issue benefits and plan the next contact.
6. If appropriate, recommend a Lesson topic that will support the goal that was set during this counseling session.
7. After the appointment, navigate back to Maria's Client Details page. You will now see the topic(s) that were shared to her ONE account in the bottom left box. Donna's use of ONE will filter into this page.

Scenario 3

Breastfeeding mother & baby certification

WIC ID 444555

Participants: Jasmine Johnson, 25 year old mother & Henry Johnson, newborn infant

Email address: JasmineJ@example.com

Telephone: 123-456-7799

Henry is Jasmine's first baby. Jasmine reports she is fully breastfeeding. Henry's weight is WNL for his age. Jasmine asks how to know if Henry is getting enough to eat. He seems fussy every evening. For a few hours every evening he only wants to breastfeed, otherwise he cries. Jasmine is having some pain with breastfeeding. Her nipples are really sore. She would like to breastfeed as long as possible, but not if it's going to always hurt.

She also wonders if she has to eat anything special while she breastfeeds, or if there are any foods she has to avoid while breastfeeding?

Use these steps to imagine how ONE would fit into your counseling session:

1. Search for Jasmine with her name or WIC ID number. Add her as a new client and/or select her account.
2. Now you see her name highlighted in purple at the top. You are on Jasmine's Client Details page. You can see that she has used ONE with previous WIC contacts and on her own. Find an appropriate Nutrition Tool(s) that you would use during this counseling session.
3. Change the language for your client to see on the screen, if needed.
4. Check out the features of the Nutrition Tool, including the information (i) text box that has background information about the Tool for WIC staff to reference (not the client). Click the full screen icon. Imagine sharing your screen with a client and think about how you would use this visual during a counseling session.
5. Share a topic that is relevant for the nutrition education you might offer. This will send related nutrition education to Maria's account that will support the goal that was set. Imagine that you're wrapping up the session with Maria, and you are likely working in your MIS system to issue benefits and plan the next contact.
6. If appropriate, recommend a Lesson topic that will support the goal that was set during this counseling session.
7. After the appointment, navigate back to Jane's Client Details page. You will now see the topic(s) that were shared to her ONE account today in the bottom left box.

Scenario 4

Pregnancy (non-certification) individual contact

WIC ID 123456

Participant: Jane Smith, 22-year old pregnant woman

Email address: jane@example.com

Telephone: 123-456-7789

Jane is in the third trimester of her first pregnancy. She reports that she is having trouble getting enough milk in and heard it's important at the end of pregnancy. She gets a stomach ache from milk. She's also having heartburn every night after supper. Jane has been in contact with your local agency's breastfeeding peer counselor. She attended a breastfeeding class recently and is worried about breastfeeding when she has to return to work after the baby is born. A cousin also told her, "Be prepared because breastfeeding is going to hurt, but it will get better when the baby is a few months old."

Use these steps to imagine how ONE would fit into your counseling session:

1. Search for Jane with her name or WIC ID number. Add her as a new client and/or select her account.
2. Now you see her name highlighted in purple at the top. You are on Jane's Client Details page. You can see that she has used ONE with previous WIC contacts and on her own. Navigate to an appropriate Tool(s) that you would use during your nutrition education portion of this counseling session.
3. Change the language for your client to see on the screen, if needed.
4. Check out the features of the Nutrition Tool, including the information (i) text box that has background information about the Tool for WIC staff to reference (not the client). Click the full screen icon. Imagine sharing your screen with a client and think about how you would use this visual during a counseling session.
5. Share a topic that is relevant for the nutrition education you might offer. This will send related nutrition education to Maria's account that will support the goal that was set. Imagine that you're wrapping up the session with Maria, and you are likely working in your MIS system to issue benefits and plan the next contact.
6. If appropriate, recommend a Lesson topic that will support the goal that was set during this counseling session.
7. After the appointment, navigate back to Jane's Client Details page. You will now see the topic(s) that were shared to her ONE account today in the bottom left box.

For more practice....

Add additional new clients and share nutrition education to their accounts.

You can also use the **View as Participant feature** to practice sharing education and previewing corresponding content on the participant interface.