THIS-WIC study:
Use ONE for nutrition counseling and breastfeeding support **telehealth appointments only.**

one®
Online Nutrition Education
powered by Nutrition Matters

ONE Staff Pre-Training Checklist

ONE Staff Training Sessions for Michigan THIS-WIC Agencies: October 28, 2021 or November 1, 2021

Complete these steps **before** your agency's ONE staff training session:

☐ *Activate your ONE account.* Use the link in an email sent from ONE.

☐ *Log into the ONE demo website.* **https://demo.nutrition-one.com/** The demo website is for training purposes only. ONE will work best on a new internet browser like Chrome, Safari, Edge, or Firefox.

☐ *Open or download the ONE Quick Start Guide.*

☐ *Watch this 6 minute video.* "Using ONE in a WIC appointment". **https://vimeo.com/629085633/e54c388f40** During the THIS-WIC study, you will only use ONE for nutrition counseling and breastfeeding support telehealth appointments.

☐ *Follow the Practice Steps below to share nutrition education through ONE,* and to preview how a client will view and use ONE.

Practice Steps:
Follow along with the *ONE Quick Start Guide.*

1. Log in. Your view of ONE is called the **clinic interface.**

2. Type your own name into the 'Search for client...' toolbar at the top of the ONE home page. Select your name with (You) after it. Your name will be highlighted in purple. You are now in a **preview mode** and your activity in ONE will not affect your clinic's data.

3. Find a Nutrition Tool.

4. Practice changing the language while viewing a Tool.

5. Click on Tool features to view the information and interactive dropdowns. Imagine using this visual while offering nutrition education to a client during a WIC appointment.

6. Click Share. Select one topic, then click Confirm.

7. Recommend a Lesson.

8. Click on the profile button at the top right corner and select 'View as Participant.' *The screen will switch to the participant interface.*

In the **participant interface:**

- WIC Shared' posts appear in the **Feed.** This is how nutrition topics are shared to a client, who can then click and open the corresponding article.

- Articles and recipes can be viewed under **Explore**.

- Online lessons are available under **Lessons**.