# Daily Drop Staff Help Guide



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# **App Features**

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YOUR PROGRESS Apprentice Level 05	Text For Support         Send us a text and we'll put you in touch with the right resources.         Contact Us         Wic Rutland Office 802-786-5811
TODAY'S GOALS DAY 05 Tasks for Today Are you ready? Let's see what you know!	AHS.VDHOLHRutland@vermont.aor Common Challenges Based on where you are in your journey, we know people can run into these issues. I don't have the right diet for breastfeeding I won't have the skills to breastfeed. My breasts aren't the right shape or size.
k Daily Playlist	I don't feel confident breastfeeding in public I can't breastfeed if I eat a special diet. Breastfeeding will be too difficult.
Good to see you! How are you feeling?	

5 🖐



# How do I get started?

When user's start the application, they will need to answer a few setup questions:

- 1. Enter your "WIC Household ID" (find more on this later in this presentation)
- 2. Select your "WIC Office Location"
- 3. Select your term preference
- 4. Select your current pregnancy status and your expected delivery date if relevant.
- 5. Select whether this is the first pregnancy.

#### Let's get started!

We just need to know a few things about you and your pregnancy to get you ready to go!



# **Completing the BAPT Survey**

Following these setup questions, the app will ask the user to complete the Breastfeeding Attrition Prediction Tool (BAPT).

In addition to continuing to be the tool used to guide our You Can Do It protocol, the first 10 active days of game play are guided by the BAPT results. A user sees more content related to their lower domain scores. On startup users can skip these questions, however all users are required to complete them soon after installation. If the user does not complete them during setup, you can access the questions again from your Profile page and complete them. Note that users will not be able to engage with key features of the application until this survey is completed.

#### One more thing!

We just need to ask some questions about your thoughts about feeding your baby. This will let us personalize this app just for you!

# Next Skip this for now.



# What's the Daily Playlist?

The Daily Playlist is the main feature of the application. It is a series of mini-games that are presented for users to help increase their knowledge, confidence, and support around breastfeeding/chestfeeding.

There are five mini-games in the Daily Playlist to complete. Before every question, if they user hasn't encountered the topic before, they'll get a Knowledge Summary on the subject. If you don't get a question right, you'll have to try again until you complete it correctly.

Getting more answers right results in Gems which can be spent towards character accessories and customizations.





# What's the Daily Wrap Up?

Once per play session, users are encouraged to complete a "Daily Wrap Up".

This is a simple reflection on how their day has been going. Once users have made a selection, they will be shown a relevant Daily Affirmation.

When users complete their Daily Wrap Up they will be able to see it in the future by swiping back through the days on the center of the home page.





# What's the Learn Section?

Users can go to the Learn section to access their Daily Playlist, Challenge Playlist, Knowledge Library, and to replay minigames.

- Challenge Playlist: a daily hard mode that reviews material users have had difficulty with previously. Consists of 5 questions. Awards bonus gems.
- Knowledge Library: a record of information on all the topics the app covers.
- Minigames: you can see all the minigames in the app and replay them as desired.





# What's the Rewards Section?

For completing activities in the application, users will be rewarded with Gems.

Gems can be used to open "gifts" that contain unique costumes and outfits for the app Mascot.

Users can buy and open gifts in a pack or individually, then equip items onto the mascot to change how the mascot appears across the application.





# What's the Profile Section?

In the Profile users can see general stats and profile information that can be updated if needed.

It's important for users to let the app know when they have had their baby. Users can update their delivery status from this page.

Also there are achievements listed that will reward users bonus Gems. Users should check regularly for new gems and work towards the tasks displayed to earn extra rewards.

The profile is also the place where someone can update the WIC Household ID if they inadvertently enter the wrong number. If a user does this, contact the WIC Helpdesk so the user data can be merged.

#### 1 🔟 65 **Your Profile Page** Streak Forgiveness Days Left X2 **Time in Application** 1 Days Best Streak Record **1 Day Streak** Current Stage First / Second Trimester App Version v0.1.6 Update My Profile I Had a Baby! Did vou have vour baby? Let us know so we can update your Stage! **Rewards and Bonuses** Earn extra gems by completing these challenges. Complete the Intro Survey: DONE! 💎 X10 CLAIM Complete a Challenge Playlist: 0 / 1 🗩 X5

PROFILE



# What's the Support section?

In the Support section users can text, email, or call their WIC office.

- Text opens up district office's texting number in user's native text app
- Phone opens triggers phone to call main district office phone number
- Email opens up email to main office email in user's native email app

Also, there will be prompts to visit the knowledge bank for common questions or concerns for that users' stage of breastfeeding/chestfeeding.





# Other features of the App

#### Your Title & Experience

When users complete their playlists their title levels up to reflect their experience.

#### Streaks

The app keeps track of days users have engaged with the app and rewards users more for using it multiple days in a row. It's not required to use the app every day to keep a streak going due to the "streak forgiveness" feature which can be found in the Profile Page.



65	1 🖖				
Your Profile Page					
Streak Forgiveness Days Left	X2				
Time in Application	1 Days				
Best Streak Record 1 De	ay Streak				
Current Stage First / Second	Trimester				
App Version	v0.1.6				
Update My Profile I Had a Baby! Did you have your baby? Let so we can update your Stage TAKE THE INTRO SURV Bowgards and Boom	el EY				
Earn extra gems by completing these cho	allenges.				
Complete the Intro Survey: DONE!	▼ X10				
Complete a Challenge Playlist: 0 / 1	▼ X5				
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# Common Questions You Might Hear From Users





Someone says....

"Who can use this?"

You can respond...

Vermont WIC Participants.



Someone says....

"Oh, another app? That seems like a pain..."

You can respond...

It's a quick an easy way to ensure you're learning and growing! After installing, it's just checking in for 5 minutes a few times a week for a fun activity and you'll ensure you're giving yourself the best chance for success.



Someone says....

"Will this count as a WIC nutrition activity?"

You can respond...

Yes. You enter your WIC ID when you set up the app and with that we are able to look up your game play info and can count it as a nutrition activity.



#### Someone says....

# "How is my data being used / tracked?"

#### You can respond...

All data collected in the app is only associated with your WIC ID and none of it pertains to any personally identifiable health information. The app tracks how you're doing in knowledge, confidence, and support, what topics you're interested in, as well as how often you use the app. That data is sent to the WIC state protected database and nowhere else. The goal of this is to help WIC staff provide you with the best advice and care.



# What if I look up a WIC Household ID in the report and....?

#### The WIC household ID is not found?

Ask the participant what number they entered, they can find it in the Profile screen. Look up the user with that number, then ask them to update their WIC ID with the correct number. Send both WIC IDs to the WIC Help Desk and to merge the data on the backend.

#### The report has some data, but it is not complete?

Send the WIC ID to the WIC Help Desk and we will investigate.



# What if I look up a WIC Household ID in the report and....?

#### The participant has a 5 digit WIC Household ID rather than a 6 digit ID?

Ask the participant to enter a 0 before their 5 digit ID. For example the ID 12345 would become <mark>0</mark>12345

# How to Document Nutrition Education in Ceres



# **Documenting Nutrition Ed Choice**

Category: PregnantEDD:Date of Birth: 04/12/1994(29 y)Weeks Gest: NA	WIC Status: Active Cert. End: 06/2025 Last FB: May 24			
Nutrition Education				
Record Date 3/22/2024 - 4	1 of 1   🕨   🕂 New 🧷 Edit 🗙 Delete			
Copy       High Risk Follow Up Appointment         Org       High Risk Follow Up Appointment         Org       View Current         View Current       View All				
Nutrition Education Covered	Pamphlets Provided			
Image: Anticipation of the image: Anticipati	Exit Counseling     WIC Shopping     General Shopping     Prenatal-Nutrition Practices     Nutrition Concerns     Breastfeeding-Infant/Child     General Shopping     Health and Medical     Medication/Vitamin/Supplement			

## **Use the Active Users Report**

- Go to the Active Users tab in the Daily Drop Data Dashboard on SharePoint
- Filter for Active Users from the past 90 days for your District Office

Househo	ld 🔼	ctive Users Engag	gement Learning		
linic Servi	ces Report				
ctive Us	ers				
cuve os	cib				
Active game users by days since data send					
HouseholdID	District Office	Days Since Last Data Send	3		
000042	Barre	49	5		
000099	Barre	5	Active game users		
999999	Barre	0			
000042	Bennington	49	Davs Since Last Data Send		
000099	Bennington	5			
999999	Brattleboro	0	0 90		
000099	Burlington	5	$\bigcirc -\bigcirc$		
999999	Burlington	0	$\bigcirc \bigcirc$		
999999	Middlebury	0			
999999	Morrisville	0	District Office		
999999	Newport	0			
999999	Saint Albans	0	All		
999999	Saint Johnsbury	0			
	Constant and a list	0			
999999	springneid	0			

# **Documenting Nutrition Ed Completion**

Category: PregnantEDD:Date of Birth: 04/12/1994(29 y)Weeks	Gest: NA	WIC Status: Active	Cert. End: 06/2025	Last FB: May 24	
Nutrition Education					
Record Date 3/22/2024	- 4	1 of 1   🕨   🕂 New 🧷	Edit 🗙 Delete		
Copy       High Risk Follow Up Appointment         Copy       High Risk Follow Up Appointment         Copy       View Current         View Current       View All					
Nutrition Education Covered		Pamphlets Provided			
Community Partner Activity     Generative Community Partner Activity     Generative Community Partner Activity     Generative Completed     Generative Completed     Generative Community Partner Activity     Generative Community Partner Activity	üfier		ig is d	^	
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# Basic Technical Troubleshooting



# **Troubleshooting Guidance:**

#### How do I know what version of the game I'm playing, and if it's up to date?

The version of the game you have is listed in the profile tab of your app. It will appear as a number (for example, 0.0.2, or 1.0.1, etc...).

#### Something went wrong with the game and I'm stuck.

Completely exit the game and close the application. Restart the game and try again. If you're still stuck, uninstall the game and start with a fresh download.

#### I can't complete my playlist.

If you believe there is an error or issue with the question, report this. In the meantime, check back tomorrow to try a different playlist.

# **Troubleshooting Guidance:**

#### I can't get the game to download.

Check for software updates on your device and make sure you're on the most up to date version of your phone operating system. If that doesn't work, try downloading the game using a different browser. You can also check that your phone storage isn't full, and that you have enough space to install the game.

#### What if I entered the wrong WIC ID or I want to update my term preference?

Go to your profile and click "Update my profile". Enter your updated information.

#### How do I tell the app that I have delivered my baby?

Head to your profile and tap "I had my baby". The app will change to show you different types of questions.

#### My app seems slow.

Try closing out of other apps in the background. Sometimes having too many apps open in the background can slow down your phone and how apps work.

#### A staff member is unable to find my app records.

- 1. From your profile click "Update My Profile" and confirm that the WIC ID entered matches the ID assigned to you by WIC Staff.
- 2. Make sure you are connecting to the internet periodically. You can play without internet, but connecting your phone the internet is the only way for staff to access your app records.
- 3. If neither of these work, report the issue to WIC staff.



## **Remember!**

#### The App works Offline after Installation!

A user must be online to install the app, but once they are in the app will work offline and does not require internet or a cellular connection!

#### Designed to encourage regular check-ins.

The goal of the app is quick and simple daily (or as often as you can) check-ins. It's not supposed to be a big time commitment, just a nice and helpful touch-point in the days of our participants.

App complements existing WIC support, does not replace it. The goal is for this app to provide you with more information on how users are learning about breastfeeding to help them get more learning when they can. Only you can provide the nuanced understanding of the participants that makes the program so valuable.

# **Questions**?

WIC@vermont.gov